



Gokyo Lake Trek – 13 Days

Trip fact:

Destination: Khumbu Region, Nepal

Duration: 12 Nights/13 Days

Maximum Altitude: 5,357m (Gokyo Ri)

Activity Per Day: Apprx. 4-6 hours walking

Itinerary:

Day 01: Kathmandu arrival (1,300 m/4,265 ft)

Day 02: Cultural tours around Kathmandu Valley & trek preparation

Day 03: Fly to Lukla (2,846 m/9,337 ft) and trek to Phakding (2,610 m/8,563 ft)

Day 04: Trek to Namche Bazaar (3,440 m/11,290 ft)

Day 05: Acclimatization day at Namche Bazaar: hike to Everest View Hotel (3,962 m)

Day 06: Trek to Dole (4,200 m/13,799 ft)

Day 07: Trek to Machhermo (4,470 m/14,665 ft)

Day 08: Trek to Gokyo (4,750 m/15,583 ft)

Day 09: Gokyo Ri hiking (5,357 m/17,575 ft)

Day 10: Trek to Dole (4,200/13,799 ft)

Day 11: Trek to Monjo (2,835 m/9,301 ft)

Day 12: Trek to Lukla (2,846 m/9,337 ft)

Day 13: Fly to Kathmandu (1,300 m/4,265 ft)



Cost Include:

- ✓ All ground transport in a private vehicle, including airport transfers
- ✓ Three nights' accommodation with breakfast at a 3-star hotel in Kathmandu (as per the itinerary)
- ✓ Three daily meals with tea/coffee (breakfast, lunch, and dinner) during the trek
- ✓ Best available twin-sharing lodge for accommodation during the trek
- ✓ One highly experienced and friendly guide and their expenses
- ✓ Round trip flight Kathmandu – Lukla, including departure taxes
- ✓ Trekking map and trip achievement certificate
- ✓ First aid medicine kit
- ✓ All the necessary trekking permits
- ✓ Government taxes & office service charge

Cost Exclude:

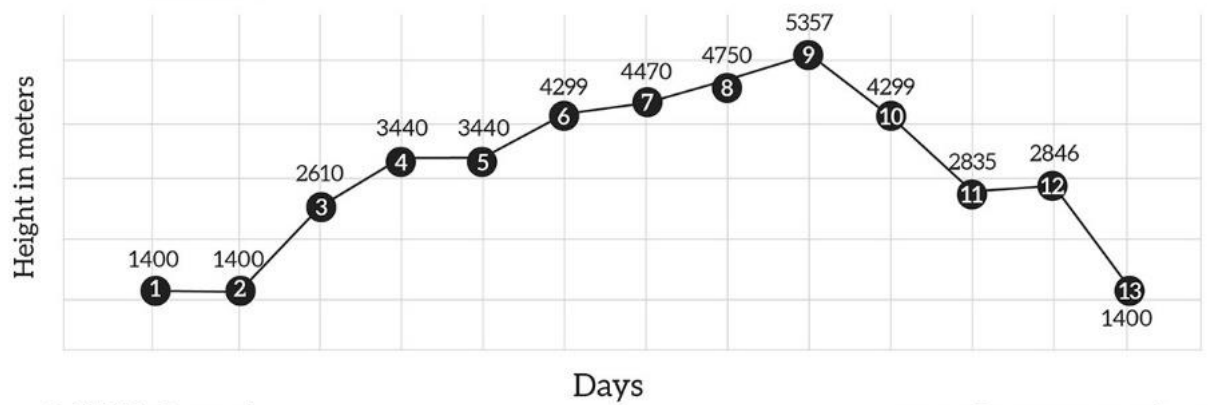
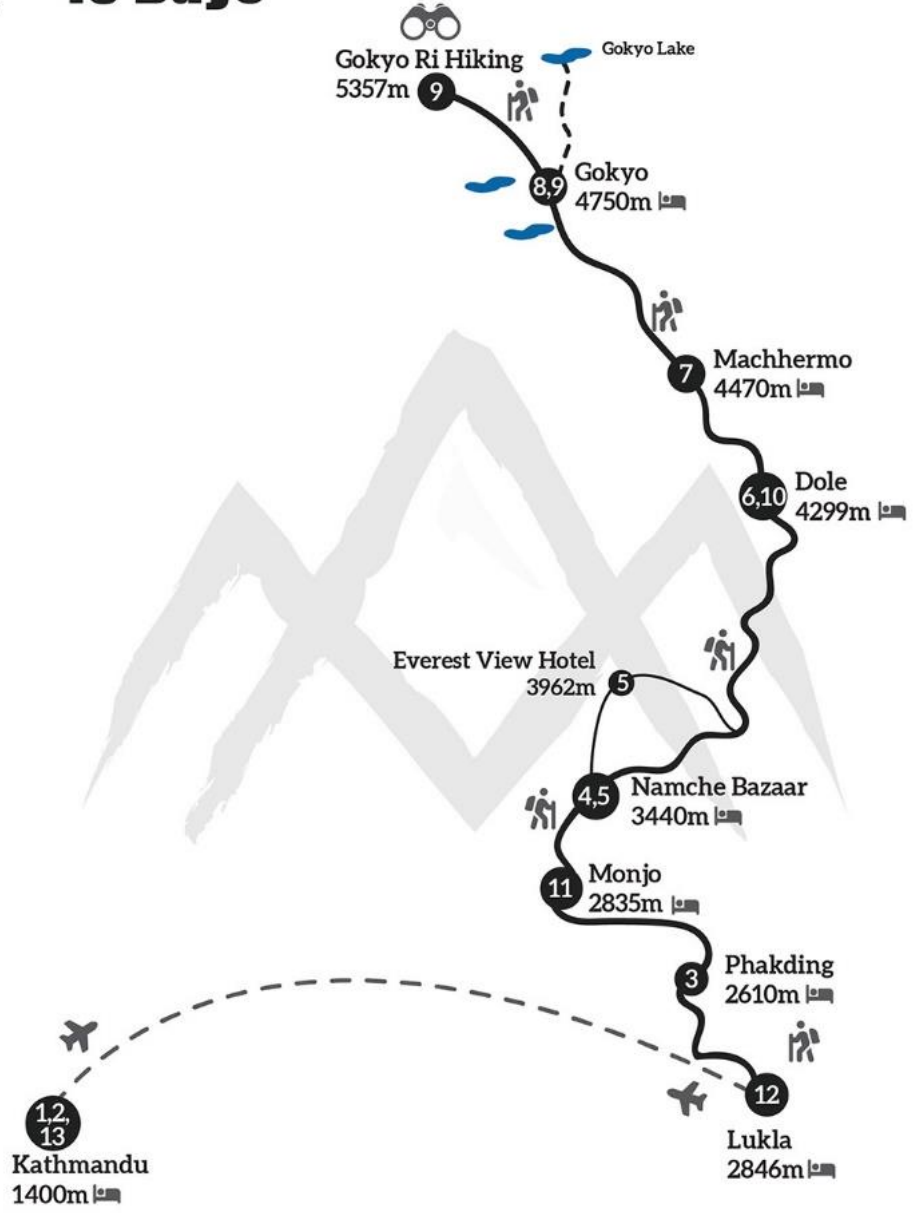
- ✗ Meals not specified in the 'Meal Inclusions' in the above itinerary
- ✗ Down jacket and sleeping bag
- ✗ Duffle bag for trekking
- ✗ Travel Insurance
- ✗ International airfare
- ✗ Nepal entry visa
- ✗ Soft drinks, including mineral water
- ✗ Snacks and other personal expenses
- ✗ Hot showers, charging, internet, etc expenses during the trek
- ✗ Personal trekking equipment
- ✗ Tips and gratuities for trekking staff and drivers
- ✗ One porter for two people: US \$160/-



Route Map



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Travel Document:

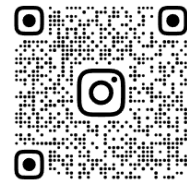
1. Valid Passport
2. Valid Visa
3. 4 PP Size Photo
4. Vaccinated card minimum 2 doze
5. Insurance Paper (Medical & Rescue) & Contact Address
6. Family/Company Contact Number & Address
7. Credit Card

If you are interested in firming up your trek you can simply reply to this email, head over to our website for more information and to contact us, message us on Instagram (**@adventuremastertrek**) or get in touch via **WhatsApp (+9779851033195)**. A member of our team will get back to you as quickly as possible and be happy to assist you further.

We are recommended on



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